

**T/E Middle School Running Club 2017  
Permission Form**

Informational Meeting: September 18th (Monday)  
Start Date: September 20th (Wednesday)  
End Date: November, TBD  
Sponsors: Mrs. Riggs and Ms. Pohlidal

Days: Mon/Tues/Wed/Thurs  
Meeting Room: 206  
Time: 2:50 to 4:30pm  
Pick up: 4:30 promptly behind the school

The Running Club provides students in grades 6-8 with an opportunity to improve their running ability and overall self-confidence while fostering a spirit of camaraderie within the training group. Runs will take place in the local neighborhoods, on T/E fields and on the Conestoga High School track.

The program is designed to enable a novice runner to complete a 5K run (3.1 miles) by the end of the season.

Due to the nature of the club and our concern for our runner's safety, club membership is **limited to 20 runners**. Therefore, we are asking the athletes to commit themselves to the program and participate fully should they choose to sign up.

Additional information will be provided at the September 18th meeting, 2:50pm in room 206.

Runners **MUST** turn in completed and signed permission forms by Wednesday, September 20th to run.

Questions: Please contact Mrs. Riggs at riggsrunner@comcast.net.

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**T/E Middle School Running Club 2017**

I give my son/daughter permission to participate in the T/E Middle School Running Club. The program runs from 2:50 to 4:30 Monday through Thursday and takes place both on and off campus. Pick up is behind the school at 4:30pm.

Clearly Print:

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

*Parent Contact Information:*

Best Number to be Reached: \_\_\_\_\_

Email Address: \_\_\_\_\_

Student's Signature:

Parent's Signature:

\_\_\_\_\_

\_\_\_\_\_

*The Tredyffrin/Easttown School District charges an activity participation fee to offset some of the expenses of extra-curricular programs. The established fee is \$50, which covers participation in one **or more** sports or activities. Any student who participates in one or more of these activities (including Running Club) must pay the \$50 fee. Students participating in the free or reduced price lunch program will not be required to pay this fee. For more information and a list of activities, please see: <http://www.tesd.net/Page/8479>*

*The fee may be paid online or by mail. Do not pay this fee at the schools, and do not submit payment to club advisors.*